MAY 10, 2025 This week's Insights is dedicated in loving memory of Yitu bas Rafael, Joan Lefkowitz. "May her Neshama have an Aliya!"

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Based on the Torah of our Rosh HaYeshiva HaRav Yochanan Zweig

PARSHAS ACHAREI MOS-KEDOSHIM

The Essential Torah

You should not take revenge and you shall not bear a grudge against the members of your people; you should love your fellow as yourself; I am Hashem (19:18).

encapsulates the very essence of the converted him. message of the Torah. R' Shimon Ben Azzai, one of R' Akiva's students, poses a stunning question to R' Akiva's teaching: What if one does not like himself?

embarrassed and treated poorly by others is he now permitted to treat others in the same manner? Ben Azzai therefore uses another verse in the Torah (that of Hashem creating man) as his "great rule of the Torah" (see Bereishis Rabba 24:7).

Before we enter into a discussion of these two philosophic principles of Torah, let us digress for a moment and marvel at the breathtaking analysis of human psychology of our great Torah scholars from two thousand years ago. While many continents were filled with depraved and downright disgusting cultures of human behavior (cannibalism, for example, springs to mind), our ancestors were carefully considering the effects of low self -esteem on societal behavior. It is truly remarkable.

In order to begin to approach a suitable answer to Ben Azzai's question on R' Akiva, we must first examine a very enigmatic statement of Hillel. The Talmud (Shabbos 31a) relates the well-known

Rashi (ad loc) quotes the well-known story of the gentile who came to Hillel and statement of the Tanna R' Akiva regarding asked that he be converted to Judaism the end of this verse ("you should love with the sole caveat that Hillel teaches your fellow as yourself"); "This is a great him the entire Torah while he stands on rule of the Torah" (see Toras Kohanim one foot. Hillel taught him the now Hillel is telling us that the true barometer 4:12). The implication of R' Akiva's famous statement, "That which is hateful statement is that this possuk somehow to you, do not do to your fellow" and then

On the surface, Hillel's statement is quite problematic; clearly, Hillel is basing his teaching on the verse in this week's parsha: "You should love your fellow as Meaning, if one allows himself to be yourself." But why did Hillel feel obligated to restate the Torah's clear instruction of must treat someone? Furthermore, (and quite incredibly) he chose to make it a negative mandate! In other words, reinterpreting this obligation of how to treat a fellow Jew as what one may **not** do seems to be extremely limiting. What compelled Hillel to make this modification on "a great principle of the Torah"?

> Not surprisingly, Hillel's interpretation is actually quite brilliant. Anytime we do Hashem's purpose in the creation of the something for someone else, for example, world was to do kindness for mankind by an act of kindness or compassion, we have creating the world and giving mankind a an innate feeling of satisfaction. Thus, reality of existence. The key to resolving doing something for someone makes us one's own issues of low self-esteem is in feel good. On the other hand, if we have a becoming God like and doing for others juicy piece of gossip about someone that solely for their sake. Recognizing that one we want to share or if we wish to insult has the ability to give a sense of reality to someone who has hurt us, exercising self- others by helping them, innately gives one restraint doesn't give us any pleasure — a sense of fulfillment and establishes self quite the opposite, in these cases holding worth. This possuk is precisely the our tongue makes us feel like we want to antidote to low self-esteem! explode.



for loving your friend isn't what we are willing to do for him, because usually doing something for him is also doing something for ourselves. The true barometer of "loving your fellow" is treating him as we would want to be treated (e.g. just as we don't want people saying gossip about us we shouldn't gossip

about others). That is a much harder

plateau to achieve.

This insight also answers Ben Azzai's question on R' Akiva – "what if a person has low self-esteem?" The essence of low self-esteem is a person's perception of themselves vis-a-vis others. This possuk's obligation of doing for others is based on the principle of being God like. This is why the end of the verse states, "I am Hashem."

Cold or Compassionate?

Hashem spoke to Moshe after the death of Aharon's two sons [...] Speak to Aharon your brother – he may not always come into the Kodesh within the Paroches [...] and he will not die [...] (16:1-2).

Rashi (ad loc) explains that Hashem is Aharon to be careful not to perish in the to do something that is harmful to death of Aharon's two sons."

In other words, Hashem asks Moshe to A careful reading of the verses and instruct Aharon that he must carefully Chazal statements gives us the answers. abide by the rules of entry into the Hashem doesn't tell Moshe to tell Kodesh or else he will die in the same Aharon that if he doesn't obey the rules manner that his sons died.

This is difficult to comprehend. Losing a child is among the most traumatic experiences a person can ever endure. Aharon lost not one, but two children; the generation (they were considered greater than Moshe and Aharon – see Tanchuma, beginning Midrash Parshas Shemini).

Aharon's loss was obviously profound. It hardly seems necessary to remind

likened to a doctor that is giving advice same manner that his children died. This himself. to his patient: "Do not eat cold food, would be akin to telling a person who sleep in a damp chilly place, so that you lost his children to a drunk driver to be will not die like so and so perished." This mindful of drunk drivers. In fact, it is the reason the Torah gives the context seems rather heartless to bring it up at of Hashem speaking to Moshe "after the all. What message is Hashem trying to convev?

> of entering the Kodesh he is going to die. Rather, Hashem tells Moshe to instruct Aharon his brother not to enter the Kodesh improperly so that he doesn't die.

if he doesn't obey Him he's going to die; wrong time so that he doesn't die. about you and I don't want you to die." Hashem is expressing compassion for Aharon, and essentially telling him not

This is why Chazal compare Hashem to a doctor. This seems rather unusual as Hashem is our king, and if we don't obey him he has every right to punish us. Practically speaking, it makes more sense to compare Hashem to a king. So why do Chazal compare Hashem to a doctor?

Chazal are teaching us that Hashem is telling us what is good for us, just as a doctor who cares about his patient would advise him. This isn't about disobeying Hashem's commandments, this is about Hashem showing us that he cares about us. So too, by Aharon, men who were the incoming leaders of Therefore, Hashem isn't telling him that Hashem is asking him to behave properly so that he won't die. He isn't rather, Hashem is almost pleadingly telling Aharon not to behave like his of with Aharon not to go in there at the sons, Hashem is telling Aharon, "I care

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